

Lymphatic Drainage is designed to stimulate & reactivate the function of the lymphatic system
60 min \$160 30 min \$80

A gentle method designed to use the bodies own healing powers to help cure a range of problems.

30 min \$80

Relieves tension, headache/shoulder pain & stimulates the scalp

30 min \$80

Helps to get rid of pain & tension, in the neck, shoulders & lower back: a must for all mums to be.

30 min \$80

- Reduce swelling
- Improve circulation
- Lower heart rate & blood pressure
- Reduce stress & anxiety
- Boost the immune system through cellular waste elimination
- Relieve muscle tension & improve muscle tone
- Reduce inflammation in joints & soft tissue
- Alleviate pain, stiffness & improve flexibility

A relaxing massage using hot stones placed over the body to help relax muscles & release tension.
60 min \$160

Errol Cooper Mobile: 0417 300 407

Remedial Massage Therapist
Dip Hsc., C.M.T.
Member A.A.M.T., Workcover Accredited
Heath fund rebates on all remedial massage.

Just Pamper yourself & enjoy this pure indulgence.
30 min \$80

A massage tailored to your specific injury to help promote healing of muscles, tendons & ligaments.

30 min \$80

Deep tissue massage combined with the use of cupping to promote healing of muscular problems. 30 min \$80

A very useful method to ensure that the muscles are working as intended, to correct problems caused by bad posture.

30 min \$80

A soft tissue treatment to correct the alignment of muscles & joints.

30 min \$80



remedial massage and beauty

28 Azarow Cct
Croydon South 3136
Errol: 0417 300 407
Maree: 0408 148 345

Opening Hours
Monday - Friday: 9am - 6:00pm
Saturday: 9am - 12pm
Sunday Closed

www.bodytherapyringwood.com.au



Maree Osborn Mobile: 0408 148 345

Massage, Facials, Tinting, Waxing, Manicure / Pedicure

Facials

Skin Renewal Peel

Sometimes referred to as a lunchtime peel this one off treatment, or course of treatments (one a week for 6-10 weeks) renews, rejuvenates and reinvigorates all skins in need of a pick me up! Offers intense and gratifying results immediately.

30 min \$85

Classical Facial

- Professional Skin Analysis
- Double Cleanse
- Skin Exfoliation
- Steam Therapy
- Facial Massage
- Shoulder, Neck, Decolletage Massage
- Mask Therapy
- Hand Massage
- Moisture Balance
- Free eyebrow wax

60 min \$120

EmerginC Signature Facial

A true red carpet experience, this WOW facial includes a deep cleanse, a cosmeceutical strength peel with tingling fruit acids & vitamins, a three step extraction process followed by an indulgent facial massage using a creamy hydrating mask, followed by a second therapeutic finishing mask. This treatment will leave your skin hydrated, radiant & youthful.

Warning this treatment is ADDICTIVE! A deposit of \$30 must be paid when booking EmerginC / Classic Facial.

60 min \$130

EmerginC Super Firming Facial

Firm, tone, tighten, nourish and boost cellular renewal with this to "die for" cosmeceutical peel facial.

This serious, yet indulgent treatment kick starts skin lacking elasticity and life

60 min \$130

Massage

Relaxation Massage

Relaxes muscles & helps ease tension & fatigue to replenish & revive your spirit.

60 min \$130 30 min \$80

Deep Tissue Massage

60 min \$130 30 min \$80

Body Treatments

Combo Facial & Relaxation Massage

60 min \$140

Hot Stone Massage

A relaxing massage using hot stones placed over the body to help relax muscles & release tension

60 min \$130

Pregnancy Massage

Helps to get rid of pain & tension in the neck, shoulders & lower back: A must for all mums to be.

60 min \$130 30 min \$80

Hands & Feet

Deluxe Pedicure

1HR

Nail shaping, aromatic footbath, cuticule work, exfoliation, massage & polish. \$90

(please bring your open toe sandals or thongs)

Upgrade to shellac application extra \$15

Shellac Application

Polish that lasts without chipping for 2 weeks!

Gel fingers & mini mani \$65

Soak off Gel (Shellac) includes file, buff & oil \$25



Waxing

Body

Full leg	\$60
1/2 leg (upper) (No Knee)	\$45
1/2 leg (lower)	\$45
Thigh/Back	\$25
Full Leg & Bikini(s) ((Combo)	\$85
Half Leg & Bikini(s) ((Combo)	\$70
1/2 arm	\$40
Underarm	\$28
Abdomen	\$20
Brazilian XXXX (G-string provided)	\$65
G-String Bikini XXX	\$50
High Bikini XX	\$40
Standard Bikini X	\$35
Snail Trail	\$5
Bottom Cheeks	\$25

Face

Eyebrow Sculpt (top & bottom) & Personal Tuition	\$30
Lip, Chin or Sides	\$25
Eyebrow Shape & Chin	\$50
Eyebrow Shape & Lip	\$50
Lip & Chin	\$45
Face (Eyebrow, Lip, Chin)	\$60
Combo Brow wax & Tint	\$55
Face wax & (Brow tint) (combo)	\$80

Tinting

Eyelash Tint	\$35
Eyebrow Tint	\$30
Eyelash & Eyebrow (combo) tint together	\$55
Hybrid Tint (Lasts on skin up to 7 days)	\$35

Male Waxing

Back	From \$70
Back & shoulders	From \$75
Chest	From \$60
Stomach	From \$30

*Gift Vouchers Available

Cancellation Policy

We kindly ask that you give us a minimum of 24 hours notice, so that someone else may come & visit us. A cancellation fee may apply.

Prices subject to change without notice.